

100 years from now, it won't matter how much money was in your bank account, the sort of house you lived in, or the kind of car you drove . . . but the world may be different because you were important in the life of a child.

Keep my words positive:
Keep my behaviors positive:
Keep my habits positive:
Keep my values positive:

Words become my behaviors.
Behaviors become my habits.
Habits become my values.
Values become my destiny.

When you make people wrong, you've lost them.

All behavior is either an expression of love, or a call for it.

The significant problems we face cannot be solved at the same level of thinking we were at when we created them

Everyone is making the best choices they are currently capable of making.

Everyone you meet knows something you didn't know, but need to. Learn from them.

Life is like a single letter in the alphabet. It can be meaningless, or it can be part of great meaning.

Be forgiving of yourself and others

Use your wit to amuse and not to abuse.

Learn to disagree without being disagreeable.

The purpose of criticism is to help, not to humiliate.

If the wrong person preaches a right teaching, even a right teaching becomes wrong. If the right person expounds a wrong teaching, even a wrong teaching becomes right.

When you lose, don't lose the lesson

A person who has not passed through the inferno of their passions has never overcome them

See their souls instead of their behavior

Be the change you want to see in the world. - Mahatma Gandhi

One of the reasons people stop learning is that they become less and less willing to risk failure. - John W. Gardner

All truly wise thoughts have been thought already, thousands of times. But, to truly make them ours, we must think them over again honestly, until they take root in our own personal experience. Goethe

The world is too dangerous for anything but truth and too small for anything but love. William Sloane Coffin

Hate is not conquered by hate: hate is conquered by love. This is a law eternal. Buddha

"We are all meant to shine as children do. It's not just in some of us; it is in everyone. And as we let our own lights shine, we unconsciously give other people permission to do the same. As we are liberated from our own fear, our presence automatically liberates others. " Nelson Mandela

When confronted with human problems, force will not bring a lasting solution. That is why I attach great importance to the feeling of mutual love among all human beings, as well as to the sense of responsibility of community life. These concepts are the source of peace everywhere in the world. They are the origin of all individual and collective fulfillment in a human community and therefore of concern to us all. Dalai Lama

Wonder and anger

It's hard to imagine two emotions more different from one another.

And yet one can easily replace the other. A sense of wonder and grinding anger can't co-exist.

Great innovations, powerful interactions and real art are often produced by someone in a state of wonder.

Looking around with stars in your eyes and amazement at the tools that are available to you can inspire generosity and creativity and connection.

Anger, on the other hand, merely makes us smaller. Seth Godin

Listening looks easy, but it's not simple. Every head is a world. Cuban Proverb

From the Sanskrit:

"Salutation of the Dawn"

Look to this day for it is life, the very life of life.

In its brief course, lie all the verities and realities of your existence:

The bliss of growth, the glory of action, and the splendor of beauty.

For yesterday is but a dream; and tomorrow is only a vision.

But today well lived makes every yesterday a dream of happiness,

and every tomorrow a vision of hope.

Look well, therefore, to this day!

Pain is inevitable, suffering is optional